### 100 Level Courses

**UNIV 100: Introduction to Mason.** 1 credit.
This course assists first-year students with their transition from high school to college life at Mason. It helps students to be successful through academic skill-building, educational planning, and career preparation. It provides information regarding campus resources and ways to engage in the Mason community. Although all sections have a core curriculum, certain sections also focus on a particular theme, student population, or course of study. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 106, UNIV 108, UNIV 140, UNIV 150, UNIV 160.

**Registration Restrictions:**
Enrollment limited to students with a class of Freshman.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 101: Extended Transition.** 0-1 credits.
This course serves as a continuation of University 100 into the second freshman semester. It extends the transition support of international students, and other students in special sections of University 100. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 141, UNIV 151.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 106: Thriving at Mason.** 0-2 credits.
Assists first-year students with their transition from high school to college life and offers the opportunity to learn resources, skills, and strategies that will guide them to academic success. This course is open only to students in the Mason Autism Support Initiative (MASI). Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits. Equivalent to UNIV 100, UNIV 108, UNIV 140, UNIV 150, UNIV 160.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Special scale.

**UNIV 108: Mason Transition.** 0-1 credits.
Specialized transition to Mason courses with identified student populations. Notes: Only repeatable with department approval. Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits. Equivalent to UNIV 100, UNIV 106, UNIV 140, UNIV 150, UNIV 160.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 110: Academic Success.** 0-1 credits.
Focuses on academic transition and planning issues for students in their first or second year. Emphasis is placed on resources and techniques to assist students with improving their academic performance. Students work closely with the instructor to track their academic progress over the course of the semester. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 140: INTO Mason Pathway Transition.** 0-1 credits.
Assists first-year international and multilingual standard and accelerated pathway students with their transition from high school to college life. It helps prepare students for successful progression to their chosen degree plan the promoting acculturation to academic norms and expectations at Mason, the development of self-efficacy, and engagement with the Mason community. It encourages to seek out and take full advantage of a wide range of campus resources. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 106.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 141: INTO Mason Pathway Extended Transition.** 0-1 credits.
Serves as a continuation of UNIV 140. It provides extended first-year transition support for standard pathway students in the second semester. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 150: First Year Living Learning Communities.** 0-1 credits.
This course is available for students who are members of a first year LLC. It is the learning component of the program for students who live together on a residence hall floor. The course follows the core University 100 curriculum, but is tailored to the particular theme or academic discipline of the LLC. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 100, UNIV 106, UNIV 108, UNIV 140, UNIV 160.

**Registration Restrictions:**
Enrollment limited to students with a class of Freshman.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**UNIV 151: First Year Living Learning Communities Extended Transition.** 0-1 credits.
This course serves as a continuation of University 150 into the second freshman semester. It extends the transition support of students in the First Learning Communities Program. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 101, UNIV 141.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.
UNIV 160: University Scholars Transition Seminar. 0-2 credits.
A first year transition seminar for students in the University Scholars Program. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 100, UNIV 106, UNIV 108, UNIV 140, UNIV 150.

Recommended Prerequisite: Admittance to the University Scholars Program.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 170: Special Topics. 0-1 credits.
Varied UNIV course topics are offered to first and second year undergraduate students. Notes: May be repeated when topic is different. Offered by Provost's Office. May be repeated within the term for a maximum 3 credits.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

Additional Course Details: Title varies by section and/or semester

UNIV 190: Introduction to Research Opportunities. 0-1 credits.
Provides an opportunity to learn more about participating in research and creative projects at Mason and acquire skills needed to be successful in research. Offered by Provost's Office. May not be repeated for credit.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 206: Exploring Identities. 0-2 credits.
Explores identity and social development within the university environment. This course is open only to students in the Mason Autism Support Initiative (MASI). Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Special scale.

UNIV 220: Decide and Confirm Majors. 0-1 credits.
This course focuses on helping students clarify or choose a major or career. Students explore and assess their interests, values and skills, as well as research various majors, careers, and the world of work as information for the decision-making process. Notes: Only one of UNIV 220, UNIV 320, UNIV 420, UNIV 421, or UNIV 422 may be taken per semester. Offered by Provost's Office. May not be repeated for credit.

Recommended Prerequisite: Second-semester freshman standing.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 250: Second Year Living Learning Communities. 0-1 credits.
Students in a Second Year Living Learning Community live together on a residence hall floor and attend this course together to fulfill the learning component of the LLC program. Notes: For students who are members of a Second Year Living Learning Community. Offered by Provost's Office. May not be repeated for credit.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 300: Transfer Transition. 0-1 credits.
This course assists new transfer students with a successful transition to Mason. This course addresses academic success, time management, and course schedule planning, as well as graduate school/career readiness, degree requirements, and other university policies and procedures. Students explore campus resources and opportunities for engaging in the Mason community. Notes: Only transfer students in their first or second semester at Mason are eligible to take this course. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 302, UNIV 303, UNIV 305, UNIV 308.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 302: College of Science Transfer Transition. 0-1 credits.
This course is intended for new transfer students in the College of Science to assist them with a successful transition to Mason. This course addresses academic success, time management, and course schedule planning, as well as graduate school/career readiness, degree requirements, and other university policies and procedures. Students explore campus resources and opportunities for engaging in the Mason community. Notes: Only transfer students in their first or second semester at Mason are eligible to take this course. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 300, UNIV 303, UNIV 305, UNIV 308.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 303: Veteran Transition. 1 credit.
This course is for students with veteran status. Based on theory and research specific to the needs of veterans, this course builds a foundation for success in college and beyond, including career planning, translating military experience on a resume, practical interviewing techniques, and networking and engaging with other veterans in a military-friendly environment. Notes: Only transfer students in their first or second semester at Mason are eligible to take this course. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 300, UNIV 302, UNIV 305, UNIV 308.

Schedule Type: Seminar

Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 304: Bachelor Individualized Studies Transfer Transition. 1 credit.
This course serves new transfer students in the Bachelors of Individualized Studies (BIS) program, and assists them with a successful transition to Mason. Students develop relationships with peers, staff, and
faculty. They are introduced to campus resources, with special emphasis on research and writing resources and tools, and work closely with BIS academic advisors and faculty. Notes: Only transfer students in their first or second semester at Mason are eligible to take this course. Only repeatable with department approval. Only one of UNIV 300, UNIV 302, UNIV 303, UNIV 304, UNIV 305, or UNIV 308 may be taken for credit. Offered by Provost's Office. May not be repeated for credit.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 305: College of Humanities and Social Sciences Transfer Transition. 0-1 credits.
Assists new transfer students in the College of Humanities and Social Sciences with a successful transition to Mason. Addresses academic success, educational planning, and career preparation, in addition to degree requirements and other university policies and procedures. Students explore campus resources and opportunities for engaging in the Mason community. Notes: Only transfer students in their first or second semester at Mason are eligible to take this course. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 300, UNIV 302, UNIV 303, UNIV 308.

Registration Restrictions:
Enrollment limited to students in the Humanities Social Sciences college.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 306: Preparing for a Career. 0-2 credits.
Helps students solidify major and career decisions, develop job-hunting strategies, and practice workplace skills. This course is open only to students in the Mason Autism Support Initiative (MASI). Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits. Equivalent to UNIV 300, UNIV 302, UNIV 303, UNIV 308.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 308: Mason Transition. 0-1 credits.
Specialized transition to Mason courses with identified student populations. Notes: Only repeatable with department approval. Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits. Equivalent to UNIV 300, UNIV 302, UNIV 303, UNIV 304, UNIV 305.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 310: Academic Success. 0-1 credits.
Focuses on academic strengthening and planning issues for students in their third year or later. Emphasis is placed on resources and techniques to assist students with improving their academic performance. Students work closely with the instructor to track their academic progress over the course of the semester. Offered by Provost's Office. May not be repeated for credit.

Registration Restrictions:
Enrollment limited to students with a class of Junior, Senior Plus or Senior.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 320: Internship and Career Readiness. 0-1 credits.
This course helps students confirm major/career choices and actively pursue internships, research assistantships, and other career-related experiences. With a focus on career readiness, students prepare a resume and cover letter, practice interviewing techniques, and conduct career research. Notes: Only one of UNIV 220, UNIV 320, UNIV 420, UNIV 421, or UNIV 422 may be taken per semester. Offered by Provost's Office. May not be repeated for credit. Equivalent to UNIV 306.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 330: Peer Leadership: Peer Advisors. 0-1 credits.
This course prepares upperclass students to serve as University 100 Peer Advisors, a role that helps first-year students transition successfully from high school to college. This course provides Peer Advisors with the necessary information, tools, and resources to co-teach University 100 effectively. Notes: For students who have been selected as a Peer Advisor by the University Transitions Program. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 331: Peer Leadership: Patriot Leaders. 0-1 credits.
This course introduces students who will serve as Patriot Leaders to the principles of effective leadership. Students will apply knowledge gained through the course directly to their roles and responsibilities as Patriot Leaders through readings and discussions, experiential activities, and class assignments. Notes: For students who have been selected as a Patriot Leader by the Office of Orientation and Family Programs and Services. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.

UNIV 332: Peer Leadership: Resident Advisors. 0-1 credits.
For students who have been selected for Resident Advisor education by the Office of Housing and Residence Life. Notes: For students who have been selected as a Resident Advisor by the Office of Housing and Residence Life. Enrollment is contingent upon approval by Student Academic Affairs - Advising, Retention, and Transitions - in consultation with the Office of Housing and Residence Life. Only repeatable with department approval. Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits.

Schedule Type: Seminar
Grading:
This course is graded on the Undergraduate Regular scale.
UNIV 333: Peer Leadership: Peer Mentors. 0-1 credits.
Prepares students to serve as Peer Mentors in a variety of Mason departments and programs. Students learn and put into practice leadership approaches and strategies. They become familiar with communication tools and campus resources that will enable them to mentor fellow students successfully. Notes: For students who have been selected as a Peer Mentor in a Mason department or program. Only repeatable with department approval. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 350: Third Year Living Learning Communities. 0-1 credits.
Students in a Third Year Living Learning Community live together on a residence hall floor and attend this course together to fulfill the learning component of the LLC program. Notes: For students who are a member of a Third Year Living Learning Community. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 370: Special Topics. 0-1 credits.
Notes: May be repeated when topic is different. Offered by Provost's Office. May be repeated within the term for a maximum 3 credits.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**Additional Course Details:** Title varies by section and/or semester

UNIV 371: Dimensions of Well-Being. 0-1 credits.
Introduces students to the terminology and basic science of well-being. Students will learn about evidence-based practices to cultivate resilience, optimism, mindfulness, and happiness. Practical application assignments will give students a chance to experiment with building a lifestyle to promote greater well-being. The course also addresses community and national well-being and the shared responsibilities of enhancing well-being in our society. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 406: Pursuing Workplace Success. 0-2 credits.
Prepares students for the workplace or graduate school. Students will practice interviewing and interpersonal skills, as well as develop and practice strategies for success in post-graduation endeavors. This course is open only to students in the Mason Autism Support Initiative (MASI). Offered by Provost's Office. May be repeated within the degree for a maximum 2 credits.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

**400 Level Courses**

UNIV 420: College to Career. 1 credit.
This course supports second semester juniors and seniors with transitioning into the professional workplace. Students develop a tailored resume and cover letter, refine their interviewing skills, and discuss important workforce issues, such as compensation packages and workplace dynamics. Notes: Only one of UNIV 220, UNIV 320, UNIV 420, UNIV 421, or UNIV 422 may be taken per semester. Offered by Provost's Office. May not be repeated for credit. Equivalent to ENGH 303, FRLN 309, GLOA 305, HIST 385, PHIL 393.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 421: College to Graduate School. 1 credit.
This course supports second semester juniors and seniors. The academic emphasis is on transition readiness for graduate or professional school. Students learn about application and testing options and strategies, interviewing skills, budgeting, and career development. Notes: Only one of UNIV 220, UNIV 320, UNIV 420, UNIV 421, or UNIV 422 may be taken per semester. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 422: Professional Skills Development. 0-1 credits.
Is for seniors preparing for success in the workplace. Course topics include: building skills employers demand, advocating for yourself in challenging situations, preparing for performance reviews, understanding employment benefits such as compensation, health, and financial plans, and more. This course helps prepare students for meeting 21st century workplace challenges in a practical, experiential, and collaborative workplace-simulated environment. Notes: Only one of UNIV 220, UNIV 320, UNIV 420, UNIV 421, or UNIV 422 may be taken per semester. Offered by Provost's Office. May not be repeated for credit.

**Schedule Type:** Seminar

**Grading:**
This course is graded on the Undergraduate Regular scale.

UNIV 490: Critical Decisions in Postgraduate Transitions. 0-1 credits.
This course guides and supports students through the postgraduate fellowship application process and postgraduate decisions. Students
create a resume, complete a fellowship application, prepare for a scholarship interview, and refine their educational and career goals.

Notes: Enrollment through the Office of Fellowships. Only repeatable with approval from the Office of Fellowships. Offered by Provost's Office. May be repeated within the degree for a maximum 1 credits.

**Schedule Type:** Seminar

**Grading:**

This course is graded on the Undergraduate Regular scale.

**UNIV 491: RS: Students as Scholars Individualized Scholarly Experience.** 0-9 credits.

Students actively participate in the process of scholarship and make a significant contribution to the creation of scholarly, research, or creative project. Students meet regularly with their project mentor, make satisfactory progress towards the completion of the project, and create a disciplinary product for evaluation. Notes: Enrollment only with permission from OSCAR. Offered by Provost's Office. May be repeated within the degree for a maximum 27 credits.

Specialized Designation: Research/Scholarship Intensive

**Schedule Type:** Independent Study

**Grading:**

This course is graded on the Undergraduate Regular scale.

**UNIV 495: RS: Undergraduate Research Scholars Program Seminar.** 0-3 credits.

Students accepted into Undergraduate Research Scholars Program participate in a weekly seminar, hold regular meetings with their project mentor, and make satisfactory progress on their research or creative project. At the end of the semester, students either complete their project and present the results in a professional context, or apply for continuation through UNIV 496. See oscar.gmu.edu for more information and application. Notes: Enrollment only with acceptance into the URSP through OSCAR. Offered by Provost's Office. May not be repeated for credit.

Specialized Designation: Research/Scholarship Intensive

**Schedule Type:** Seminar

**Grading:**

This course is graded on the Undergraduate Regular scale.

**UNIV 496: RS: Undergraduate Research Scholars Program Continuation.** 0 credits.

Students continuing their participation in the Undergraduate Research Scholars Program hold regular meetings with their project mentor and make satisfactory progress on their research or creative project. At the end of the semester, students either complete their project and present the results in a professional context, or apply for continuation. See oscar.gmu.edu for more information and application. Notes: Enrollment only with acceptance into the URSP through OSCAR. Offered by Provost's Office. May be repeated within the degree.

Specialized Designation: Research/Scholarship Intensive

**Recommended Prerequisite:** UNIV 495.

**Schedule Type:** Independent Study

**Grading:**