PHYSICAL EDUCATION (PHED)

200 Level Courses

PHED 202: Teaching Skilful Movement. 3 credits.
Provides students with the fundamentals of lesson planning, class management and analysis of teaching in physical education. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 218: Technology in Health and Physical Education. 3 credits.
Introduces technological tools to support K-12 health and physical education instruction in school and online settings. Explores tools such as wearable technology, mobile apps, learning management systems used in the schools, and social media. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 273: Net and Target Games. 3 credits.
Teaches skill, content knowledge and historical perspectives of net and target games. Includes skill progression, strategies, officiating, and authentic assessment in games such as volleyball, golf, tennis, and badminton. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 274: Dance and Educational Gymnastics. 3 credits.
Teaches skills, content knowledge, and historical perspectives of dance and educational gymnastics taught in a K-12 physical education setting. Includes stages of motor development, skill progression, and authentic assessment for a variety of dances and educational gymnastics. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 275: Field and Invasion Games. 3 credits.
Teaches skills, content knowledge, and historical perspectives of field and invasion games. Includes skill progression, strategies, officiating, and authentic assessment in activities such as softball, basketball, soccer, hockey, team handball, flag football, lacrosse and Ultimate Disc. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 276: Health-Related Fitness Education. 3 credits.
Prepares future physical educators to develop, implement, and assess fitness concepts, and strategies to K12 students. Incorporates basic nutritional knowledge needed to live a healthy lifestyle. Requires fitness tests participation. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

300 Level Courses

PHED 306: Psychomotor Learning. 3 credits.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 308: Adapted Physical Education. 3 credits.
Introduces strategies and best practices when teaching health and physical education to students with disabilities in public schools. Covers national standards, federal legislation, Individual Educational Plans (IEPs), and developmental inclusion models. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Registration Restrictions:
Enrollment limited to students in a Bach of Science in Education degree.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 320: Student Assessment in Health and Physical Education. 3 credits.
Examines assessment purposes and introduces different assessment procedures that measure student achievement in the different domains of behaviors in health and physical education. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Schedule Type: Lecture
Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)


Specialized Designation: Writing Intensive in Major

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 360: Sport Based Youth Development. 3 credits. An interdisciplinary examination of current trends and issues in youth sport, with a focus on non-school based community programs. Emphasis is placed on the structural characteristics of sport and physical activity programs as they pertain to proper development of children and adolescents. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts. Equivalent to SRST 360.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

400 Level Courses


Recommended Prerequisite: PHED 273, 274, 275, and PHED 306 (Any of these courses may be taken concurrently).

Registration Restrictions:
Enrollment is limited to students with a major in Physical Education.

Enrollment limited to students in a Bach of Science in Education degree.

Schedule Type: Lecture

Grading:
This course is graded on the Undergraduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

PHED 404: Middle and High School Instruction in Physical Education. 3 credits. Examines school curriculum content, and teaching practices appropriate for middle and high school physical education programs. Requires field experience. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). Limited to three attempts.

Recommended Prerequisite: Completion of 90 hours and Permission of Chair.

Registration Restrictions:
Enrollment is limited to students with a major in Health Education, Health, Fitness Rec Resrcs, Individualized Study, Nursing, Physical Education (Special), Physical Education or Parks, Rec, Leisure Studies.
600 Level Courses

**PHED 660: Research Reading Seminar in Physical Education.** 3 credits.
Provides an overview of the current and past research in the field of physical education through an in-depth analysis, synthesis, and discussion of research. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). May not be repeated for credit.

**PHED 670: Analysis of Teaching in Physical Education.** 3 credits.
Presents variety of research techniques for studying teacher and learner behaviors in physical education, engaging the teacher as researcher and grant writer. Goal is to prepare teachers to be leaders in their field. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). May not be repeated for credit.

**PHED 672: Curriculum and Assessment in Physical Education.** 3 credits.
Provides knowledge of curriculum models and assessment strategies in standards-based physical education program. Studies curriculum models such as sport education and adventure education. Examines traditional and alternative assessment. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). May not be repeated for credit.

**PHED 673: Motor Development for Special Populations.** 3 credits.
Provides knowledge that focuses on individuals with orthopedic, sensory, and learning disabilities in physical education setting. Areas of focus include development of motor patterns and skills assessment, and planning and instruction for students with disabilities. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). May not be repeated for credit.

**PHED 680: Mentoring and Supervising in Physical Education.** 3 credits.
Prepares mentors and supervisors of preservice and in-service teachers in physical education. Topics include professional dispositions, assessment and evaluation, adult learners, counseling and communication, providing feedback, and reflection and inquiry into the profession. Offered by School of Education (http://catalog.gmu.edu/colleges-schools/education-human-development/school-education/). May not be repeated for credit.

**Recommended Prerequisite:** PHED 670.

**PHED 670:** This course is graded on the Graduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

**PHED 673:** This course is graded on the Graduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)

**PHED 680:** This course is graded on the Graduate Regular scale. (http://catalog.gmu.edu/policies/academic/grading/)