# HUMAN DEVELOPMENT AND FAMILY SCIENCE (HDFS)

## 200 Level Courses

**HDFS 200: Individual and Family Development.** 3 credits. 
Examines how individuals and families function and develop over the lifespan. Uses a multidisciplinary approach to integrate theories of family science and human development emphasizing the role of contextual factors in contemporary families’ lives. Explores the impact of gender, socioeconomics, race/ethnicity, culture, and immigrant status on human development and family relationships. Introduces a basic model of scientific inquiry and theorizing. Offered by Graduate School of Education. May not be repeated for credit.

**Schedule Type:** Lecture

**HDFS 250: Family Financial Literacy and Resource Management.** 3 credits. 
Introduces personal and family financial planning and resource management throughout the lifespan. Integrates theories of family finance and resource management using a multidisciplinary approach. Emphasizes role of contextual factors in contemporary families’ financial lives. Explores impact of gender, socioeconomic, race, ethnicity, and culture on family finance and resource management. Offered by Graduate School of Education. May not be repeated for credit.

**Schedule Type:** Lecture

## 300 Level Courses

**HDFS 300: Individual and Family Services Delivery.** 3 credits. 
Overview of human services delivery with a focus on families. Explores the historical and social contexts as well as the theoretical orientations of systems that shape delivery of services to families. Examines: 1) economic and cultural barriers that prevent families from gaining access to services; 2) social policy surrounding services for families; 3) ethical and legal issues in family services. Offered by Graduate School of Education. May not be repeated for credit.

**Recommended Prerequisite:** HDFS 200.

**Registration Restrictions:** Enrolment is limited to students with a major, minor, or concentration in Human Devl and Family Science.

**Schedule Type:** Lecture

**HDFS 301: The Hospitalized Child and Family.** 3 credits. 
Examines the philosophy, purposes, and concepts of Child Life Specialists. Explores developmental and psychological needs of hospitalized children, their families, and those who provide services to children. Examines the impact of illness and illness-related stressors on the dynamics of the family and strategies for coping. Offered by Graduate School of Education. May not be repeated for credit.

**Recommended Prerequisite:** HDFS 200 or permission from instructor.

**Schedule Type:** Lecture

## 400 Level Courses

**HDFS 400: Advanced Family Processes.** 3 credits. 
Examines family system dynamics and processes, with an emphasis on cultural and contextual factors that influence family functioning and well-being over the lifespan. Examines both healthy and dysfunctional family processes (including abuse, neglect, and family violence). Explores evidence-based practices and interventions that promote family health, resilience, and well-being. Offered by Graduate School of Education. May not be repeated for credit.

**Mason Core:** Synthesis

**Recommended Prerequisite:** HDFS 200 or permission from instructor.

**Schedule Type:** Lecture

**HDFS 401: Family Law and Public Policy.** 3 credits. 
Examines contemporary family life and the impact of government laws, policies, and programs on families over time and across contexts and cultures. Explores the intended and unintended consequences of policies for diverse families across a variety of policy matters, from anti-poverty and social welfare policies to health and environmental policies. Offered by Graduate School of Education. May not be repeated for credit.

**Specialized Designation:** Writing Intensive in the Major

**Recommended Prerequisite:** HDFS 200 or permission of instructor.

**Schedule Type:** Lecture

**HDFS 498: Internship and Analysis in Human Development and Family Science.** 3 credits. 
First course in a two-course series that supports students in their internship and in transitioning from student to professional. Enables students to discuss work-related experiences within the context of developmental and family theories and research. Fosters and promotes professional development through class and small group discussions, activities, lectures, guest speakers, and practical assignments. Notes: Students will have 135 contact hours for the semester; however, 125 will be in the field and 10 in the classroom. Offered by Graduate School of Education. May not be repeated for credit.

**Recommended Prerequisite:** HDFS 300.

**Registration Restrictions:** Enrolment is limited to students with a major, minor, or concentration in Human Devl and Family Science.

**Schedule Type:** Internship

**HDFS 499: Advanced Internship & Analysis in Human Development and Family Science.** 3 credits. 
Accompanies the second semester of the required internship experience. Supports students in the development and implementation of a program for staff and/or clients at internship site. Examine internship-related experiences within the context of developmental and family theories and empirical research. Contemplate and prepare for the transition to professional. Notes: Students will have 135 contact hours for the semester; however, 125 will be in the field and 10 in the classroom. Offered by Graduate School of Education. May not be repeated for credit.

**Recommended Prerequisite:** HDFS 498.