MUSIC AND WELL-BEING MINOR

Banner Code: MUWB

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The minor is designed to allow participation by students with minimal formal musical training. The coursework allows students to explore the connections between music and consciousness and between vibration, mindfulness, and well-being.

Admissions & Policies

Admissions
Admission to the Music and Well-Being minor is by interview with the minor coordinator.

Policies
University policy states that students must earn 8 distinct credits that are not used for their major toward their minor, with a minimum grade of 2.00 earned in all courses applied to the minor. For policies governing all minors, see AP.5.3.4 Minors.

Requirements

Minor Requirements
Total credits: 18

Coursework

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>MUSI 100 or MUSI 115</td>
<td>Fundamentals of Music (Mason Core)</td>
<td>3</td>
</tr>
<tr>
<td>MUSI 101</td>
<td>Introduction to Classical Music (Mason Core)</td>
<td>3</td>
</tr>
<tr>
<td>MUSI 171</td>
<td>Keyboard Skills I</td>
<td>1</td>
</tr>
<tr>
<td>Two semesters of</td>
<td>Recital Attendance</td>
<td>2</td>
</tr>
<tr>
<td>MUSI 366</td>
<td>Class Percussion</td>
<td>1</td>
</tr>
<tr>
<td>MUSI 367</td>
<td>Class Guitar</td>
<td>1</td>
</tr>
<tr>
<td>MUSI 455</td>
<td>Music as a Healing Art</td>
<td>3</td>
</tr>
<tr>
<td>MUSI 477</td>
<td>Music and Consciousness</td>
<td>3</td>
</tr>
<tr>
<td>Three credits of</td>
<td>Chamber Ensembles (Mason Core) (Healing Arts Ensemble)</td>
<td>3</td>
</tr>
</tbody>
</table>

Total Credits: 18

1 Students demonstrating proficiency in keyboard, percussion, or guitar may substitute other MUSI 100-MUSI 499 courses at the discretion of the Program Coordinator.
2 A grade of S (satisfactory) must be earned each semester.