HEALTH PSYCHOLOGY MINOR

Banner Code: HPSY

Academic Advising
2086 David King Hall
Fairfax Campus

Email: ugpsyc@gmu.edu
Website: psychology.gmu.edu/programs/la-minor-psyc-hpsy

This minor is designed to help students better understand psychological factors that influence overall health. The courses provide instruction on factors that have the potential to impact both physical and psychological health. These include the roles of cognitive processes, health beliefs and behaviors, emotions, psychosocial circumstances and personality traits, all factors that may influence overall health and well-being.

Admissions & Policies

Policies
Eight credits of coursework must be unique to the minor and students must complete all coursework with a minimum GPA of 2.00. For policies governing all minors, see AP.5.3.4 Minors (http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4).

Requirements

Minor Requirements
Total credits: 18
Students should be aware of the specific policies associated with this program, located on the Admissions & Policies tab.

Core Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 100</td>
<td>Basic Concepts in Psychology (Mason Core) (<a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a>)</td>
<td>3</td>
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<tr>
<td>PSYC 408</td>
<td>Psychological Fitness</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 417</td>
<td>Science of Well Being</td>
<td>3</td>
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<tr>
<td></td>
<td>Total Credits</td>
<td>9</td>
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</tbody>
</table>

Electives

Select a minimum of 9 credits from the following: 9

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PSYC 211</td>
<td>Developmental Psychology (Mason Core) (<a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a>)</td>
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<tr>
<td>PSYC 301</td>
<td>Research Methods in Psychology</td>
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<tr>
<td>PSYC 321</td>
<td>Clinical Psychology</td>
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</tr>
<tr>
<td>PSYC 325</td>
<td>Abnormal Psychology</td>
<td></td>
</tr>
<tr>
<td>PSYC 372</td>
<td>Biopsychology</td>
<td></td>
</tr>
<tr>
<td>PSYC 461</td>
<td>Special Topics 1</td>
<td></td>
</tr>
</tbody>
</table>

1 When topic is related to health and well-being and approved by Psychology Associate Chair of Undergraduate Studies.