

HUMAN DEVELOPMENT AND FAMILY SCIENCE, BA

Banner Code: LA-BA-HDFS

Academic Advising

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This degree prepares its graduates to use family-centered and strengths-based approaches to support the health and well-being of individuals and families in diverse communities. Graduates will have a strong interdisciplinary foundation in the HDFS field and competencies in 10 areas as established by the National Council on Family Relations, including:

- internal dynamics of relationships and families
- human growth and development
- family-and community-based program planning, implementation, and evaluation
- social policies and laws affecting families
- family diversity
- research methodology
- professional ethics as related to the HDFS field

The HDFS curriculum prepares students to effectively engage with families across the lifespan and in a variety of service settings and professions, from early childhood education and care to family law and policy advocacy.

Our program prepares students to critically analyze complex family issues, advocate for families in schools, communities, and in the policy arena, and address social-structural factors contributing to and influencing family functioning, health, and well-being (e.g., poverty and wealth inequality, immigration and illegalization, family homelessness, incarceration, family violence, and discrimination and structural violence such as racism, nationalism, or heterosexism). Students are required to complete an internship and integrate research training with service fieldwork. Such an experience is a critical component of HDFS student development and will further prepare our students for graduate education and diverse careers in the human development and family science field.

Requirements

Formerly (E1-BA-HDFS)

Degree Requirements

Total credits: 120

Core Courses in the Major

Code	Title	Credits
HDFS 200	Individual and Family Development (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
PSYC 211	Lifespan Development (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HDFS 300	Individual and Family Services Delivery	3

INTS 321	Parent-Child Relations (Mason Core) (http://catalog.gmu.edu/mason-core/)	4
Select one course from the following:		3-4
INTS 434	Research for Social Change	
PSYC 301	Research Methods in Psychology	
SOCI 303	Methods and Logic of Inquiry	
Select one course from the following:		3-4
HDFS 400	Advanced Family Processes (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 317	Issues in Family Relationships (Mason Core) (http://catalog.gmu.edu/mason-core/)	
SOCI 309	Contemporary Families and Intimate Relationships	
PSYC 466	Psychology of Intimate Relationships	
Select one course from the following:		3
HDFS 250	Family Financial Literacy and Resource Management	
HDFS 301	The Hospitalized Child and Family	
HDFS 302	Therapeutic Benefits of Play	
HDFS 401	Family Law and Public Policy	
HDFS 480	Special Topics in Human Development and Family Science	
Total of 3 credits chosen from the following (can be from a combination of more than one course):		3
HDFS 498	Internship and Analysis in Human Development and Family Science	
INTS 294	Service-Learning Experience (Mason Service Corp)	
INTS 294	Service-Learning Experience (Alternative Break)	
INTS 395	Field-Based Work	
or INTS 495	Field-Based Work	
INTS 398	Experiential Learning	
or INTS 498	Experiential Learning	
INTS 390	International Internship (Mason Core) (http://catalog.gmu.edu/mason-core/)	
or INTS 490	Internship	
PSYC 327	Psychology in the Community	
PSYC 427	Community Engagement for Social Change (Mason Core) (http://catalog.gmu.edu/mason-core/)	
ECED 502	Foundations of Language and Literacy for Diverse Young Learners, Birth-Age 5	
ECED 503	Inclusive Curriculum for Young Learners: Planning Instruction and Guidance	
ECED 505	Introduction to Early Childhood Special Education	
EDSE 502	Classroom Management and Applied Behavior Analysis	
EDSE 503	Language Development and Reading	

EDSE 540	Characteristics of Students with Disabilities who Access the General Curriculum	
EDUC 511	Child and Adolescent Development in Global Contexts	
EDUC 537	Introduction to Culturally Linguistically Diverse Learners	
ELED 542	Foundations of Elementary Education	
ELED 543	Children, Family, Culture, and Schools, ages 4-12 Years	
ELED 544	Introduction to Elementary Methods and Management	
Other coursework with advisor approval		
HDFS 499	Advanced Internship and Analysis in Human Development and Family Science (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
Total Credits		28-30

Code	Title	Credits
Major Elective Choices		12

Elective choices follow career and professional interests. Elective courses are suggested by advisors and mentors and approved by the Academic Program Coordinator. See below for areas of focus.

Families and Individuals Across the Life Span

BIOL 124	Human Anatomy and Physiology	
COMM 334	Family and Health Communication	
CRIM 302	Delinquency and the Juvenile Justice System	
CRIM 405	Law and Justice around the World (Mason Core) (http://catalog.gmu.edu/mason-core/)	
ECED 402	Foundations of Language and Literacy for Diverse Young Learners, Birth-Age 5	
ECED 403	Inclusive Curriculum for Young Learners: Planning Instruction and Guidance	
ECED 405	Introduction to Early Childhood Special Education	
ECED 406	Medical and Developmental Aspects of Disabilities of Diverse Young Learners	
ECED 422	Developing Language, Literacy, and Communication of Diverse Infants and Toddlers	
ECED 423	Early Intervention for Infants Toddlers with Disabilities: Collaborative Consultative Approaches	
EDUC 203	Disability in American Culture (Mason Core) (http://catalog.gmu.edu/mason-core/)	
ELED 258	Children's Literature for Teaching in Diverse Settings (Mason Core) (http://catalog.gmu.edu/mason-core/)	
GCH 480	Health Maintenance and Health Aspects of Aging	
HAP 301	Health Care Delivery in the United States	

HAP 403	Assisted Living/Senior Housing Management and Philosophy	
HAP 445	Introduction to Health Services Research	
HDFS 301	The Hospitalized Child and Family	
HEAL 220	Dimensions of Mental Health	
HEAL 310	Drugs and Health	
HEAL 327	Women's Health	
HEAL 331	Men's Health	
HEAL 351	Relationship Health	
HEAL 372	Health Communication	
HHS 432		
INTS 310	Violence, Gender, and Sexuality	
INTS 312	Images and Experiences of Childhood: Social Construct, Literature, and Film	
INTS 314	Conflict, Trauma and Healing	
INTS 316	Introduction to Childhood Studies (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 317	Issues in Family Relationships (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 319	Contemporary Youth Studies (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 405	Women and Leadership	
INTS 410	Contemporary Health: Intersections in Science and Society (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 436	Social Justice Education (Mason Core) (http://catalog.gmu.edu/mason-core/)	
INTS 440	Death, Dying, and Decision Making	
NUTR 295	Introduction to Nutrition (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PSYC 231	Social Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PSYC 304	Principles of Learning	
PSYC 313	Child Development	
PSYC 314	Adolescent Development	
PSYC 317	Cognitive Psychology	
PSYC 362	Psychology of Gender	
PSYC 379	Applied Cross-Cultural Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PSYC 414	Behavior Disorders of Childhood	
PSYC 415	Psychological Factors in Aging	
PSYC 418	Death, Dying, and Grieving	
PSYC 466	Psychology of Intimate Relationships	
SOCI 302	Sociology of Delinquency	
SOCI 308	Race and Ethnicity in a Changing World (Mason Core) (http://catalog.gmu.edu/mason-core/)	
SOCI 309	Contemporary Families and Intimate Relationships	
SOCI 310	Sociology of Deviance	

SOCI 315	Contemporary Gender Relations (Mason Core) (http://catalog.gmu.edu/mason-core/)	SOCI 390	Sociology of Health, Illness, and Disability
SOCI 360	Youth Culture and Society (Mason Core) (http://catalog.gmu.edu/mason-core/)	WMST 300	Current Issues in Women and Gender Studies
SOCI 390	Sociology of Health, Illness, and Disability	Research and Policy	
SOCW 415	Child and Family Welfare	CRIM 220	Introduction to Law and Society
SOCW 435	Introduction to Gerontology	CRIM 405	Law and Justice around the World (Mason Core) (http://catalog.gmu.edu/mason-core/)
WMST 300	Current Issues in Women and Gender Studies	GCH 376	Health Ethics, Leadership, and Advocacy
WMST 307	Women and Work	GOVT 301	Public Law and the Judicial Process
Family Advocacy		GOVT 318	Interest Groups, Lobbying, and the Political Process
COMM 334	Family and Health Communication	GOVT 364	Public Policy Making
EDUC 203	Disability in American Culture (Mason Core) (http://catalog.gmu.edu/mason-core/)	GOVT 366	Public Policy Analysis
GCH 300	Introduction to Public Health	GOVT 407	Law and Society
GCH 310	Health Behavior Theories	GOVT 414	Politics of Race and Gender
GCH 332	Health and Disease	GOVT 427	Feminist Political Thought
GCH 350	Health Promotion and Education	GOVT 445	Human Rights
GCH 445	Social Determinants of Health	HAP 301	Health Care Delivery in the United States
HAP 301	Health Care Delivery in the United States	HAP 312	Healthcare Law
HAP 445	Introduction to Health Services Research	HAP 442	Introduction to Health Care Politics and Policy
HEAL 110	Personal Health	HAP 445	Introduction to Health Services Research
HEAL 220	Dimensions of Mental Health	INTS 317	Issues in Family Relationships (Mason Core) (http://catalog.gmu.edu/mason-core/)
HEAL 230	Introduction to Health Behavior (Mason Core) (http://catalog.gmu.edu/mason-core/)	INTS 337	Social Justice Consciousness and Action
HEAL 310	Drugs and Health	INTS 362	Social Justice and Human Rights (Mason Core) (http://catalog.gmu.edu/mason-core/)
HEAL 325	Human Sexuality	INTS 405	Women and Leadership
HEAL 327	Women's Health	PSYC 362	Psychology of Gender
HEAL 331	Men's Health	PSYC 379	Applied Cross-Cultural Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)
HEAL 351	Relationship Health	PSYC 466	Psychology of Intimate Relationships
HEAL 372	Health Communication	SOCI 308	Race and Ethnicity in a Changing World (Mason Core) (http://catalog.gmu.edu/mason-core/)
INTS 314	Conflict, Trauma and Healing	SOCI 309	Contemporary Families and Intimate Relationships
INTS 317	Issues in Family Relationships (Mason Core) (http://catalog.gmu.edu/mason-core/)	SOCI 312	Qualitative Research Methods
INTS 410	Contemporary Health: Intersections in Science and Society (Mason Core) (http://catalog.gmu.edu/mason-core/)	SOCI 315	Contemporary Gender Relations (Mason Core) (http://catalog.gmu.edu/mason-core/)
INTS 440	Death, Dying, and Decision Making	SOCI 355	Social Inequality (Mason Core) (http://catalog.gmu.edu/mason-core/)
NUTR 422	Nutrition throughout the Life Cycle	SOCW 380	Changing Social Policies and Systems
PSYC 379	Applied Cross-Cultural Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)	SOCW 400	Legal and Ethical Issues in Human Services
PSYC 418	Death, Dying, and Grieving	STAT 250	Introductory Statistics I (Mason Core) (http://catalog.gmu.edu/mason-core/)
PSYC 466	Psychology of Intimate Relationships	STAT 350	Introductory Statistics II
SOCI 308	Race and Ethnicity in a Changing World (Mason Core) (http://catalog.gmu.edu/mason-core/)		
SOCI 309	Contemporary Families and Intimate Relationships		
SOCI 312	Qualitative Research Methods		
SOCI 315	Contemporary Gender Relations (Mason Core) (http://catalog.gmu.edu/mason-core/)		
SOCI 355	Social Inequality (Mason Core) (http://catalog.gmu.edu/mason-core/)		
SOCW 380	Changing Social Policies and Systems		
SOCW 400	Legal and Ethical Issues in Human Services		
STAT 250	Introductory Statistics I (Mason Core) (http://catalog.gmu.edu/mason-core/)		
STAT 350	Introductory Statistics II		

Writing Intensive Requirement

The university requires all students to complete at least one courses designated "writing intensive" in their majors at the 300 level or above. Students majoring in human development and family science may fulfill this requirement by successfully completing INTS 321 Parent-Child Relations (Mason Core) (<http://catalog.gmu.edu/mason-core/>).

Upper Level Requirement

Students seeking a bachelor's degree must apply at least 45 credits of upper-level courses (numbered 300 or above) toward graduation requirements.

Additional Electives

Any remaining credits may be completed with elective courses to bring the degree total to 120.

College Level Requirements for the BA Degree

In addition to the Mason Core (<http://catalog.gmu.edu/mason-core/>) program, students pursuing a BA degree must complete the coursework below. Except where expressly prohibited, a course used to fulfill a college level requirement may also be used simultaneously to satisfy other requirements (Mason Core (<http://catalog.gmu.edu/mason-core/>) requirements or requirements for the major).

Philosophy or Religious Studies

Code	Title	Credits
Select 3 credits from the following: 3		
PHIL (http://catalog.gmu.edu/courses/phil/) ¹		
RELI (http://catalog.gmu.edu/courses/reli/)		

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Note that the following courses may not be used to fulfill this requirement:

- PHIL 323 Classical Western Political Theory
- PHIL 324 Modern Western Political Theory
- PHIL 327 Contemporary Western Political Theory
- PHIL 393 Humanities College to Career
- PHIL 460 Senior Seminar in Philosophy, Politics, and Economics

Additionally, PHIL 253, RELI 235, RELI 333, and RELI 339 cannot be used to fulfill both the philosophy/religious studies requirement and the Mason Core literature (<http://catalog.gmu.edu/mason-core/#literature>) requirement.

Social and Behavioral Sciences

Code	Title	Credits
Select 3 credits of social and behavioral sciences from the following (additional to the Mason Core social and behavioral sciences requirement) ¹ 3		
ANTH (http://catalog.gmu.edu/courses/anth/)		
CRIM (http://catalog.gmu.edu/courses/crim/)		
ECON (http://catalog.gmu.edu/courses/econ/)		
GOVT (http://catalog.gmu.edu/courses/govt/)		
HIST (http://catalog.gmu.edu/courses/hist/) ²		
LING (http://catalog.gmu.edu/courses/ling/)		
PSYC (http://catalog.gmu.edu/courses/psyc/)		
SOCI (http://catalog.gmu.edu/courses/soci/)		
Or choose from the following GGS courses:		

GGG 101	Major World Regions (Mason Core) (http://catalog.gmu.edu/mason-core/)
GGG 103	Human Geography (Mason Core) (http://catalog.gmu.edu/mason-core/)
GGG 110	Introduction to Geoinformation Technologies
GGG 301	Political Geography (Mason Core) (http://catalog.gmu.edu/mason-core/)
GGG 303	Geography of Resource Conservation (Mason Core) (http://catalog.gmu.edu/mason-core/)
GGG 304	Population Geography (Mason Core) (http://catalog.gmu.edu/mason-core/)
GGG 305	Economic Geography
GGG 306	Urban Geography
GGG 315	Geography of the United States
GGG 316	Geography of Latin America
GGG 320	Geography of Europe
GGG 325	Geography of North Africa and the Middle East
GGG 326	Geography of Eastern Europe and Russia
GGG 357	Urban Planning
GGG 380	Geography of Virginia

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The two courses used to fulfill the combined college and Mason Core (<http://catalog.gmu.edu/mason-core/>) requirements must be from different disciplines in the social and behavioral sciences.

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HIST 100 and HIST 125 may not be used to fulfill this requirement.

Foreign Language

Code	Title	Credits
Intermediate-level proficiency in one foreign language, fulfilled by: ¹		
Completing 3 credits in a foreign language numbered 202 (or higher level courses taught in the language) (http://catalog.gmu.edu/colleges-schools/humanities-social-sciences/modern-classical-languages/)		
Or achieving a satisfactory score on an approved proficiency test		
Or completing the following ASL three course sequence:		
EDSE 115	American Sign Language (ASL) I	
EDSE 116	American Sign Language (ASL) II	
EDSE 219	American Sign Language (ASL) III	

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Students who are already proficient in a second language may be eligible for a waiver of this requirement. Additional information on waivers can be found at the Office of Undergraduate Academic Affairs (<http://chssundergrad.gmu.edu/>).

Non-Western Culture

Select 3 credits of an approved course in the study of a non-Western culture (additional to the Mason Core requirement in global understanding)

Code	Title	Credits			
Select 3 credits (additional to Mason Core Global Understanding requirement) ¹			ARTH 385	Arts of Japan (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
			ARTH 482	RS: Advanced Studies in Asian Art	3
ANTH 114	Introduction to Cultural Anthropology (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	CHIN 318	Introduction to Classical Chinese (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 300	Civilizations	3	CHIN 320	Contemporary Chinese Film	3
ANTH 302	Peoples and Cultures of Latin America (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	CHIN 325	Major Chinese Writers (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 307	Ancient Mesoamerica (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	CHIN 470	Special Topics in Chinese Studies	3
ANTH 308	Peoples and Cultures of the Middle East (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	DANC 118	Global Dance Perspectives I (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 309	Peoples and Cultures of India (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	ECON 361	Economic Development of Latin America (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 313	Myth, Magic, and Mind (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	ECON 362	African Economic Development (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 314	Zombies	3	FREN 454	Topics in Caribbean Francophone Literature and Culture	3
ANTH 317	East Asian Cultures	3	GGG 101	Major World Regions (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 330	Peoples and Cultures of Selected Regions: Non-Western	3	GGG 316	Geography of Latin America	3
ANTH 332	Cross-Cultural Perspectives on Globalization (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GGG 317	Geography of China (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ANTH 381	Medical Anthropology	3	GGG 325	Geography of North Africa and the Middle East	3
ANTH 396	Issues in Anthropology: Social Sciences (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GGG 399	Select Topics in GGS	3
ARAB 360	Topics in Arabic Cultural Production	3	GOVT 332	Government and Politics of the Middle East and North Africa	3
ARAB 420	Survey of Arabic Literature	3	GOVT 333	Government and Politics of Asia	3
ARAB 440	Topics in Arabic Religious Thought and Texts (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GOVT 338	Government and Politics of Russia	3
ARTH 203	Survey of Asian Art (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GOVT 340	Central Asian Politics	3
ARTH 204	Survey of Latin American Art (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GOVT 341	Chinese Foreign Policy	3
ARTH 206	Survey of African Art (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	GOVT 345	Islam and Politics	3
ARTH 318	Art and Archaeology of Ancient Egypt	3	GOVT 433	Political Economy of East Asia	3
ARTH 319	Art and Archaeology of the Ancient Near East (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	HIST 251	Survey of East Asian History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ARTH 320	Art of the Islamic World (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	HIST 252	Survey of East Asian History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ARTH 382	Arts of India (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	HIST 261	Survey of African History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ARTH 383	Arts of Southeast Asia (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	HIST 262	Survey of African History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
ARTH 384	Arts of China (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	HIST 271	Survey of Latin American History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
			HIST 272	Survey of Latin American History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
			HIST 281	Survey of Middle Eastern Civilization (Mason Core) (http://catalog.gmu.edu/mason-core/)	3

HIST 282	Survey of Middle Eastern Civilization (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 314	Chinese Philosophies and Religious Traditions	3
HIST 326	Stalinism	3	RELI 315	Buddhism (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HIST 327	The Soviet Union and Russia Since World War II	3	RELI 317	Daoism	3
HIST 328	Rise of Russia (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 318	Korean Philosophy and Religions	3
HIST 329	Modern Russia and the Soviet Union (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 338	Qur'an and Hadith	3
HIST 353	History of Traditional China	3	RELI 342	Comparative Study of Mysticism	3
HIST 354	Modern China (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 344	Muhammad: Life and Legacy	3
HIST 356	Modern Japan (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 358	Islamic Thought (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HIST 357	Postwar Japan (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 367	Islamic Law, Society, and Ethics	3
HIST 358	Post-1949 China (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 368	Islam, Democracy, and Human Rights	3
HIST 360	History of South Africa (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RELI 490	Comparative Study of Religions (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HIST 364	Revolution and Radical Politics in Latin America (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RUSS 353	Russian Civilization (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HIST 365	Conquest and Colonization in Latin America (Mason Core) (http://catalog.gmu.edu/mason-core/)	3	RUSS 354	Contemporary Post-Soviet Life (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
HIST 366	Comparative Slavery	3	WMST 407	Transnational Sexualities	3
HIST 387	Topics in Global History (Mason Core) (http://catalog.gmu.edu/mason-core/)	3-6			
HIST 461	Arab-Israeli Conflict	3			
HIST 462	Women in Islamic Society (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
HIST 465	The Middle East in the 20th Century	3			
JAPA 310	Japanese Culture in a Global World (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
JAPA 340	Topics in Japanese Literature (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
JAPA 380	Japan in Motion	3			
KORE 300	Korean Culture and Society	3			
KORE 320	Korean Popular Culture in a Global World	3			
KORE 385	Introduction to Korean Linguistics	3			
MUSI 103	Musics of the World (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
RELI 211	Introduction to Religions of the "West" (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
RELI 212	Introduction to Religions of Asia (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			
RELI 312	Islam	3			
RELI 313	Hinduism (Mason Core) (http://catalog.gmu.edu/mason-core/)	3			

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A course used to fulfill the Mason Core global understanding (<http://catalog.gmu.edu/mason-core/#global>) requirement may not be simultaneously used to satisfy this college-level requirement. A course used to fulfill this requirement may be used simultaneously to fulfill any other requirements (Mason Core requirements, college-level requirements, or requirements for the major). Additional information on waivers can be found at the Office of Undergraduate Academic Affairs (<http://chssundergrad.gmu.edu/>).

Mason Core

Some Mason Core (<http://catalog.gmu.edu/mason-core/>) requirements may already be fulfilled by the major requirements listed above. Students are strongly encouraged to consult their advisors to ensure they fulfill all remaining Mason Core (<http://catalog.gmu.edu/mason-core/>) requirements.

Students who have completed the following credentials are eligible for a waiver of the Foundation and Exploration (lower level) requirement categories. The Integration category (upper level) is not waived under this policy. See Admissions (<http://catalog.gmu.edu/admissions/undergraduate-policies/#transfertext>) for more information.

- VCCS Uniform Certificate of General Studies
- VCCS or Richard Bland Associate of Science (A.S.), Associate of Arts (A.A.), Associate of Arts and Sciences (A.A.&S.), or Associate of Fine Arts (A.F.A.)

Code	Title	Credits
Foundation Requirements		
	Written Communication (ENGH 101) (http://catalog.gmu.edu/mason-core/#written)	3
	Oral Communication (http://catalog.gmu.edu/mason-core/#oral)	3
	Quantitative Reasoning (http://catalog.gmu.edu/mason-core/#quantitative)	3

Information Technology and Computing (http://catalog.gmu.edu/mason-core/#information-technology)	3
Exploration Requirements	
Arts (http://catalog.gmu.edu/mason-core/#arts)	3
Global History (http://catalog.gmu.edu/mason-core/#global-history)	3
Global Understanding (http://catalog.gmu.edu/mason-core/#global)	3
Literature (http://catalog.gmu.edu/mason-core/#literature)	3
Natural Science (http://catalog.gmu.edu/mason-core/#natural-science)	7
Social and Behavioral Sciences (http://catalog.gmu.edu/mason-core/#social-behavioral-science)	3
Integration Requirements	
Written Communications (ENGH 302) (http://catalog.gmu.edu/mason-core/#written)	3
Writing-Intensive (http://catalog.gmu.edu/mason-core/#wi) ¹	3
Synthesis/Capstone (http://catalog.gmu.edu/mason-core/#synthesis-capstone) ²	3
Total Credits	40

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Most programs include the writing-intensive course designated for the major as part of the major requirements; this course is therefore not counted towards the total required for Mason Core.

2

Minimum 3 credits required.

Program Outcomes

Program Outcomes

1. Culture and Diversity in Individuals, Families, and Communities - Practiced in the application of knowledge, theory, and research on diverse experiences of:
 - individuals and how they influence families (e.g., ability-disability, LGBTQ+, linguistics),
 - families and how systems and institutions support/negate family structures, and
 - individuals and families and how they are impacted by changes in social and cultural constructs.
2. Family Systems, Processes and Interpersonal Relationships - Understand and critically apply family theories to explain family processes within diverse contexts from a strengths-based perspective of:
 - both healthy and dysfunctional family processes
 - current evidence- and strengths-based practices and interventions that foster family health and resilience
 - the influence of family processes on subsequent relationships across the life course
3. Human Development Across the Life Course - Knowledgeable about major physical, cognitive, and psychosocial changes across the lifespan
 - of associated theoretical, historical, and current issues,
 - impact of contextual factors such as parenting, families, and society, and
 - impact of individual factors such as health status and ability.

4. Individual and Family Resource Management - Understand theory, research, practices, and policies relevant to family finance and resource management
 - knowledge and skills in planning financial security for an individual or family throughout the life cycle, and
 - experience personal growth and development in family financial literacy and resource management.
5. Individual and Family Ethics, and Practice - Demonstrate an understanding of theories and methods for helping individuals and families in human service settings to:
 - ensure appropriate ethical decisions,
 - protect clients' rights in using family laws and policies
 - identify, find, apply for, and successfully carry out a human services internship, and
 - propose, implement, and present an individual impact project in human development and family science.
6. Individual and Family Research Methods - Practiced in the examination of a research problems involving individuals and/or families
 - situating analytical or policy inquiries about individuals and families into the current scholarly literature
 - investigating research questions using methods, analysis, creative problem solving, communication, and writing of research, and
 - articulating a research problem involving individuals and/or families.