FOOD SYSTEMS MINOR

Banner Code: FOOD

Academic Advising

Website: https://chhs.gmu.edu/students/academic-advising/undergraduate-advising/nutrition-and-food-studies-advisor

The minor in food systems is designed to provide students from a range of disciplines with the knowledge and skills to understand how factors of the food system affect the health of a community (e.g., nutrition, food security, inequity, agriculture, food safety). Using a systems approach, students will study the interrelating components, drivers, and outcomes in the national and global food systems, including the obesity epidemic, food security, and the environmental impact of agriculture.

Admissions & Policies

Policies

To complete the minor, students are required to pass at least 15 credits of undergraduate coursework. At least six credits must be completed at Mason, and no more than three credits of C- or D in the minor are accepted. Eight credits of coursework must be unique to the minor.

Students should be familiar with university-wide requirements for minors described in AP.5.3.4 Minors (http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4).

Requirements

Minor Requirements

Total credits: minimum 15

Required Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR 295</td>
<td>Introduction to Nutrition (Mason Core)</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 318</td>
<td>Global Nutrition and Food Security</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 326</td>
<td>Food Systems</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 383</td>
<td>Taste and Place</td>
<td>3</td>
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</tbody>
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Select one course from the following: 3

- NUTR 312 & NUTR 313: Experimental Foods and Experimental Foods Lab
- NUTR 410: Introduction to Food Safety and Defense
- NUTR 315: Fundamentals of Cooking
- NUTR 430: Introduction to Wine and Beer
- NUTR 435: Urban Agriculture
- ANTH 366: Food and Human Evolution
- BIOL 385: Biotechnology and Genetic Engineering
- EVP 442: Urban Ecosystems and Processes
- INTS 371: Food Systems and Policy (Mason Core) (http://catalog.gmu.edu/mason-core/)
- INTS 370: Sustainable Food Systems

INTS 470: Professional Pathways in Sustainable Food Systems
INTS 402: Plants and People - Sustenance, Ceremony, and Sustainability
MBUS 303: Marketing in a Global Economy
PHIL 243: Global Environmental Ethics (Mason Core) (http://catalog.gmu.edu/mason-core/)
or PHIL 343: Topics in Environmental Philosophy (Mason Core) (http://catalog.gmu.edu/mason-core/)
or PHIL 358: Ethics and Economics
TOUR 310: Food and Beverage Management

Total Credits 15