The School of Recreation, Health, and Tourism (RHT) offers one doctoral specialization, three master’s degrees, two graduate certificates, two bachelor’s/accelerated master’s programs, four undergraduate degrees, two undergraduate certificates, seven minors, and seven interdisciplinary minors with other units.

Graduate Programs
The PhD in Education with an Exercise, Fitness, and Health Promotion specialization cultivates research-based educators and practitioners to be critical thinkers and apply evidence-based (research-based) practice principles to preserve and enhance human movement in all settings and populations, promote optimal health and enhanced quality of life through physical activity, and provide rewarding learning experiences, through the conduct and dissemination of exemplary scholarship and preparation of professionals committed to service.

The MS in Athletic Training (MSAT) is a professional, entry-level program that prepares students to practice as athletic training healthcare providers.

The MS in Exercise, Fitness, and Health Promotion (EFHP) takes a science-based approach toward the fields of health and human performance. The program focuses on the role of physical activity in the promotion of health, fitness and quality of life.

The MS in Sport and Recreation Studies meets the growing need for professionals and academics in the areas of recreation administration, sport and leisure studies, sport management and individualized study in sport, recreation and tourism.

Bachelor’s Degrees
The BS in Health, Fitness, and Recreation Resources, with concentrations in Sport Management, Parks and Outdoor Recreation and Therapeutic Recreation prepare students for supervisory and management careers in private and public parks and recreation systems (clinical and community), non-profit and for-profit sport organizations. The Parks and Outdoor Recreation and Therapeutic Recreation concentrations are accredited by the Council on Accreditation for Parks, Recreation, Tourism, and Related Professions (COAPRT).

The BS in Kinesiology, which is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP, American College of Sports Medicine sponsored), holds national program recognition status from the National Strength and Conditioning Association (NSCA-ERP) and prepares students to develop and utilize science-based approaches to healthful and proactive living strategies. Emphasis is placed upon the development of future professionals with the knowledge, skills, and abilities to enhance physical performance, fitness, and general well-being across the age spectrum.

The BS in Kinesiology, which is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP, American College of Sports Medicine sponsored), holds national program recognition status from the National Strength and Conditioning Association (NSCA-ERP) and prepares students to develop and utilize science-based approaches to healthful and proactive living strategies. Emphasis is placed upon the development of future professionals with the knowledge, skills, and abilities to enhance physical performance, fitness, and general well-being across the age spectrum.

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Faculty

School Faculty
Professors
R. Baker, Brayley, S. Caswell, Chalip, Daniels, M. Jones

Associate Professors

Assistant Professors
Andre, Aylsworth, Fyock, Jin, Martin, Parham, Robison, Stroiney

Instructors
Casserly, DeGregorio, P. Gilbert, Jacobson, T. Jones, Krout, Magnant, Norden

Requirements & Policies

Requirements
Writing-Intensive Requirement
The university requires all undergraduate students to successfully complete at least one 300-level or above course designated ‘writing-intensive’ (WI) in their major(s). For RHT students, the WI requirement is satisfied by the successful completion of KINE 450 Research Methods, PHED 340 Social and Cultural Issues in Physical Education, or SRST 450 Research Methods dependent on program requirements.

Policies
Minors
In accordance with university policy, at least eight credits must be unique to the minor and may not fulfill requirements of the student’s major, concentration, or another minor. For policies governing all minors, see AP5.3.4 Minors.

Programs
- Athletic Training, MS
- Coaching Minor
- Event Technical Production Minor (CEHD)
- Exercise, Fitness, and Health Promotion, MS
- Food and Beverage Management Undergraduate Certificate
- Health Promotion Minor
- Health, Fitness, and Recreation Resources, BS
- Hospitality Management Minor
- Kinesiology Graduate Certificate (pending SCHEV approval)
- Kinesiology Minor
- Kinesiology, BS
- Physical Education, BSEd
- Recreation Management Minor
- Sport Communication Minor (CEHD)
- Sport Management Graduate Certificate
- Sport Management Minor