The School of Recreation, Health, and Tourism (RHT) offers one doctoral specialization, three master’s degrees, two graduate certificates, two bachelor’s/accelerated master’s programs, five undergraduate degrees, one undergraduate certificate, six minors, and seven interdisciplinary minors with other units.

Graduate Programs

The PhD in Education with an Exercise, Fitness, and Health Promotion specialization cultivates research-based educators and practitioners to be critical thinkers and apply evidence-based (research-based) practice principles to preserve and enhance human movement in all settings and populations, promote optimal health and enhanced quality of life through physical activity, and provide rewarding learning experiences, through the conduct and dissemination of exemplary scholarship and preparation of professionals committed to service.

The MS in Athletic Training (MSAT) is a professional, entry-level program that prepares students to practice as athletic training healthcare providers.

The MS in Exercise, Fitness, and Health Promotion (EFHP) takes a science-based approach toward the fields of health and human performance. The program focuses on the role of physical activity in the promotion of health, fitness and quality of life.

The MS in Sport and Recreation Studies meets the growing need for professionals and academics in the areas of recreation administration, sport and leisure studies, sport management and individualized study in sport, recreation and tourism. The MS in Athletic Training (MSAT) is a professional, entry-level program that prepares students to practice as athletic training healthcare providers. The BS in Athletic Training, accredited by the Commission on the Accreditation of Athletic Training Education (CAATE) prepares students for careers in athletic training and graduate study in other allied health professions.

Bachelor’s Degrees

The BS in Health, Fitness, and Recreation Resources, with concentrations in Sport Management, Parks and Outdoor Recreation and Therapeutic Recreation prepare students for supervisory and management careers in private and public parks and recreation systems (clinical and community), non-profit and for-profit sport organizations. The Parks and Outdoor Recreation and Therapeutic Recreation concentrations are accredited by the Council on Accreditation for Parks, Recreation, Tourism, and Related Professions (COAPRT).

The BS in Kinesiology, which is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP American College of Sports Medicine sponsored), holds national program recognition status from the National Strength and Conditioning Association (NSCA-ERP) and prepares students to develop and utilize science-based approaches to healthful and proactive living strategies. Emphasis is placed upon the development of future professionals with the knowledge, skills, and abilities to enhance physical performance, fitness, and general well-being across the age spectrum.

The BSEd in Physical Education, accredited by the National Council for the Accreditation of Teacher Education (NCATE), prepares students for a teaching career (K–12) in public and private schools. The BS in Tourism and Events Management degree is one of the fastest growing majors at the university with concentrations in Events Management, Hospitality Management and Tourism Management.

Interdisciplinary Minors

In addition to school-based minors, RHT offers seven minors in interdisciplinary areas of study. These minors require coursework from two or more disciplines and are administered by interunit faculty groups.

Minor in Sport Analytics

The Sport Analytics Minor is offered jointly by the School of Recreation, Health and Tourism, School of Business, College of Science, and Volgenau School of Engineering.

Minor in Sport and Conflict Resolution

The Sport and Conflict Resolution Minor offered by the School of Recreation, Health, and Tourism and School for Conflict Analysis and Resolution.

Minor in Sport Communication

The Sport Communication Minor is offered jointly by the School of Recreation, Health and Tourism and the Department of Communication.

Minor in Sustainability

The Sustainability Studies Minor is offered jointly by the Department of Environmental Science and Policy and School of Integrative Studies. Students may take select Recreation Management (PRLS courses) and Tourism and Events Management courses to meet elective requirements.

Minor in Sport and American Culture

The Sport and American Culture Minor is offered jointly by the School of Recreation, Health and Tourism and Department of History and Art History. Students will learn about sport and its interconnection with other societal institutions. For details, see the School of Recreation, Health, and Tourism website. (http://rht.gmu.edu/programs/minor7)

Minor in Event Technical Production

The Event Technical Production Minor (CEHD) is offered jointly by the School of Recreation, Health and Tourism and the School of Theater in the College of Visual and Performing Arts. Students will learn how to plan, manage and execute live events and presentations. For details, see the School of Recreation, Health and Tourism website. (https://rht.gmu.edu/hospitality-tourism-and-events-management/degree-options/event-technical-production-minor)

Minor in Sport and Computer Game Design

The Sport and Computer Game Design Minor is offered jointly by the School of Recreation, Health and Tourism and the Computer Game Design Program in the College of Visual and Performing Arts. This minor provides a combined introductory look at both the sports and computer game industries.
Faculty

School Faculty

Professors
R. Baker, Brayley, S. Caswell, Daniels

Associate Professors

Assistant Professors
Aylsworth, Fyock, Jin, Martin, McDowell, Parham, Robison, Slocum

Instructors
Casserly, DeGregorio, P. Gilbert, Jacobson, T. Jones, Krout, Moore, Norden

Requirements & Policies

Requirements

Writing-Intensive Requirement
The university requires all undergraduate students to successfully complete at least one 300-level or above course designated 'writing-intensive' (WI) in their major(s). For RHT students, the WI requirement is satisfied by the successful completion of KINE 450 Research Methods, PHED 340 Social and Cultural Issues in Physical Education, or SRST 450 Research Methods dependent on program requirements.

Policies

Minors
In accordance with university policy, at least eight credits must be unique to the minor and may not fulfill requirements of the student’s major, concentration, or another minor. For policies governing all minors, see AP5.3.4 Minors.

Programs

• Athletic Training, BS
• Athletic Training, MS
• Coaching Minor
• Event Technical Production Minor (CEHD)
• Exercise, Fitness, and Health Promotion, MS
• Food and Beverage Management Undergraduate Certificate
• Health Promotion Minor
• Health, Fitness, and Recreation Resources, BS
• Hospitality Management Minor
• Kinesiology Minor
• Kinesiology, BS
• Outdoor Recreation and Experiential Leadership Undergraduate Certificate
• Physical Education, BSEd
• Recreation Management Minor
• Sport Communication Minor (CEHD)
• Sport Management Graduate Certificate