HEALTH PROMOTION MINOR

Banner Code: HPR

This minor is available to all Mason undergraduate students.

Admissions & Policies

Policies

Eight credits of coursework must be unique to the minor. For policies governing all minors, see AP.5.3.4 Minors.

Requirements

Minor Requirements

Total credits: 18

Coursework

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEAL 110</td>
<td>Personal Health</td>
<td>3</td>
</tr>
<tr>
<td>HEAL 230</td>
<td>Introduction to Health Behavior (Mason Core)</td>
<td>3</td>
</tr>
<tr>
<td>HEAL 372</td>
<td>Health Communication</td>
<td>3</td>
</tr>
</tbody>
</table>

Total Credits: 9

Electives

Select three courses from the following: 9

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEAL 220</td>
<td>Dimensions of Mental Health</td>
</tr>
<tr>
<td>HEAL 310</td>
<td>Drugs and Health</td>
</tr>
<tr>
<td>HEAL 325</td>
<td>Health Aspects of Human Sexuality</td>
</tr>
<tr>
<td>HEAL 327</td>
<td>Women's Health</td>
</tr>
<tr>
<td>HEAL 331</td>
<td>Men's Health</td>
</tr>
<tr>
<td>HEAL 351</td>
<td>Relationship Health</td>
</tr>
</tbody>
</table>

Total Credits: 9