

# NUTRITION UNDERGRADUATE CERTIFICATE

**Banner Code:** HH-CERB-NUTR

## Academic Advising

Website: [chhs.gmu.edu/students/advising-nutr.cfm](http://chhs.gmu.edu/students/advising-nutr.cfm)

This certificate offers a variety of courses in nutrition for future and present health care professionals, researchers, and others who are commonly faced with community-related nutrition issues. The certificate is intended to help healthcare professionals and others who would like to increase their knowledge in nutrition.

Note: This certificate is *not* equivalent to the registered dietitian license and does not provide a license to practice therapeutic nutrition.

This undergraduate certificate may be pursued on a full or part-time basis.

GCH 411	Health Program Planning and Evaluation
NUTR 466	Nutrition and Weight Management: Obesity, Anorexia, and Bulimia
PSYC 231	Social Psychology (Mason Core)
Other course as approved by advisor	
<b>Total Credits</b>	<b>3-4</b>

## Admissions & Policies

### Admissions

Applicants need not have a bachelor's degree, and applications are encouraged from all disciplines. Application must be made through CHHS.

### Policies

Students should consult AP.5.3.5 Undergraduate Certificates for more information.

## Requirements

### Certificate Requirements

Total credits: 24

#### Required Courses

GCH 360	Health and Environment	3
GCH 412	Fundamentals of Epidemiology	3
NUTR 295	Introduction to Nutrition (Mason Core)	3
NUTR 420	Strategies for Nutrition Education <sup>1</sup>	3
NUTR 421	Community Nutrition <sup>1</sup>	3
NUTR 422	Nutrition throughout the Life Cycle	3
NUTR 423	Nutrition and Chronic Illnesses	3
<b>Total Credits</b>		<b>21</b>

<sup>1</sup> NUTR 466 Nutrition and Weight Management: Obesity, Anorexia, and Bulimia may be substituted for either NUTR 420 or NUTR 421.

#### One Elective in General Nutrition

Select at least three credits from the following: 3-4

CHEM 102	Introduction to Organic, Biochemical, Pharmacological, and Fuel Chemistry (Mason Core)
CHEM 463	General Biochemistry I
GCH 205	Global Health (Mason Core)