HEALTH PSYCHOLOGY MINOR

Banner Code: HPSY

Academic Advising

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Fairfax Campus

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This minor is designed to help students better understand psychological factors that influence overall health. The courses provide instruction on factors that have the potential to impact both physical and psychological health. These include the roles of cognitive processes, health beliefs and behaviors, emotions, psychosocial circumstances and personality traits, all factors that may influence overall health and well-being.

Admissions & Policies

Policies

Eight credits of coursework must be unique to the minor and students must complete all coursework with a minimum GPA of 2.00. For policies governing all minors, see AP.5.3.4 Minors (http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4).

Requirements

Minor Requirements

Total credits: 18

Students should be aware of the specific policies associated with this program, located on the Admissions & Policies tab.

Core Courses

Code	Title	Credits
PSYC 100	Introduction to Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)	3
PSYC 408	Psychological Fitness	3
PSYC 417	Science of Well Being	3
Total Credits		9

Electives

Code	Title	Credits
Select a minimum of 9 credits from the following:		9
PSYC 211	Lifespan Development (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PSYC 301	Research Methods in Psychology (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PSYC 321	Clinical Psychology	
PSYC 325	Psychopathology	
PSYC 372	Biopsychology	
PSYC 461	Special Topics [1]	
COMM 304	Foundations of Health Communication	
HEAL 230	Introduction to Health Behavior (Mason Core) (http://catalog.gmu.edu/mason-core/)	
PHIL 309	Bioethics (Mason Core) (http://catalog.gmu.edu/mason-core/)	
GCH 325	Stress and Well-Being (Mason Core) (http://catalog.gmu.edu/mason-core/)	
Total Credits		9

[1]

When topic is related to health and well-being and approved by Psychology Associate Chair of Undergraduate Studies.